

## WorkLife Excel Paper Price (Plus Shipping)

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500	4.73	2.60	1.92
750	3.83	2.10	1.55
1000	3.01	1.66	1.23
1500	2.51	1.39	1.03
2000	2.11	1.17	.87
3000	1.77	.98	.74
4000	1.62	.90	.64
5000	1.39	.75	.56
6000	1.30	.72	.54
7000	1.24	.69	.50
8000	1.18	.65	.48
9000	1.16	.64	.48
10,000	1.15	.64	.48
11,000	1.06	.59	.43
12,000	1.02	.57	.42
13,000	.99	.55	.41
14,000	.98	.54	.40
15,000	.94	.52	.39
16,000	.92	.51	.38
17,000	.90	.51	.38
18,000	.90	.51	.38
19,000	.88	.49	.37
20,000	.87	.48	.36
21,000	.85	.47	.36
22,000	.84	.47	.36
23,000	.83	.465	.355
24,000	.83	.46	.35
25,000	.82	.455	.34
26,000	.82	.455	.34
27,000	.81	.45	.34
28,000	.81	.45	.34
29,000	.81	.45	.34
30,000 +	CALL	CALL	CALL

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Wellness & Productivity Tips

# WORK • LIFE • EXCEL

## Work • Life Tips

**• Don't be afraid to ask for help.** It's not just for kids or the elderly. If you're struggling, ask for help. You may be surprised to find out how much support is available. Don't be afraid to ask for help. It's not just for kids or the elderly. If you're struggling, ask for help. You may be surprised to find out how much support is available. Don't be afraid to ask for help. It's not just for kids or the elderly. If you're struggling, ask for help. You may be surprised to find out how much support is available.

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## Walk for Your Health (and Your Wallet)



Whether for your health's sake or your wallet's, you can save a lot of money by walking more. Walking is a low-cost, low-impact exercise that can help you lose weight, improve your cardiovascular health, and reduce your risk of chronic diseases. It's also a great way to stay active and healthy while saving money.

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## Add Value To Your Job Interview



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When you have a great result and the ability to discuss your skills, experience, abilities, and what you can bring to a position, add more content—the ability to discuss your work values. This is especially remembered after the job interview. The ability to communicate, what "values" you, and how you prepare in life relates to the position can make all the difference in a job interview. It's not just for kids or the elderly. If you're struggling, ask for help. You may be surprised to find out how much support is available.

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## Hazards Around Your House

A seasonal threat to the workplace is the key concern of safety professionals. However, did you know that the average household has more than 100 potential hazards?

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According to a new study by the U.S. Consumer Product Safety Commission, the average household has more than 100 potential hazards. The most common hazards are tripping hazards, such as loose rugs and clutter, and electrical hazards, such as overloaded outlets and frayed wires. Other common hazards include fire hazards, such as faulty wiring and smoke detectors, and water hazards, such as leaks and mold. The study also found that many households have hazards that are not obvious, such as carbon monoxide detectors and fire extinguishers. To reduce the risk of accidents, it's important to regularly inspect your home for hazards and take steps to eliminate them. This includes keeping walkways clear, checking electrical outlets, and testing smoke detectors and carbon monoxide detectors. The study also found that many households have hazards that are not obvious, such as carbon monoxide detectors and fire extinguishers. To reduce the risk of accidents, it's important to regularly inspect your home for hazards and take steps to eliminate them. This includes keeping walkways clear, checking electrical outlets, and testing smoke detectors and carbon monoxide detectors.

Information in "Work • Life" is not intended to replace the advice of a qualified professional. It is for informational purposes only. It is not intended to replace the advice of a qualified professional. It is for informational purposes only. It is not intended to replace the advice of a qualified professional. It is for informational purposes only.

**Imprint Location “B”:**  
**“Caption”**

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